Difficulty: Easy

Equipment:
- Measuring cups
- Measuring spoons
- Blender
- Glasses
- Straws

Ingredients:
- 3 cups milk
- 2 Tablespoons honey
- 2 banana, frozen, sliced
- 2 Tablespoons cocoa powder
- Handful of ice cubes

What to do:

Place all ingredients in a blender.

Blitz until smooth.

Pour into glasses and serve!

Notes: Makes approximately 15 tastings.